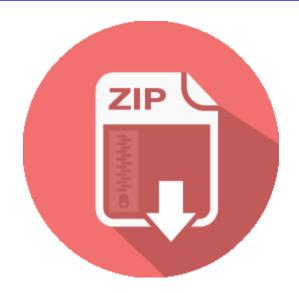
# **HEALTHY CAN TUNA RECIPES**



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# Tuna Recipes 9 Ways To Make Canned Tuna More Exciting

Your tuna will be singing, "I'm on a boat!" while you make this tasty recipe. Simply mix together tuna and avocado, then fold in some diced tomatoes, celery, parsley, and lemon juice you can eat it right out of the avocado skin (a.k.a. the boat).

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#### **Healthy Cheap Eating 6 Easy Canned Tuna Recipes**

Trim Healthy Mama: All recipes are on plan and considered THM-S. If you decide to serve them on a wrap, it must be a low-carb wrap. A QUICK WORD ABOUT CANNED TUNA: Sustainable Tuna: Canned tuna labeling can be both confusing and deceiving. If you d like to check if the tuna you are buying is sustainable, you can consult the Seafoodwatch.org site.

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#### 7 Ways With Canned Tuna Recipes MyRecipes

With a can or pouch of tuna in the pantry, these canned tuna recipes mean lunch or supper is just minutes away. http://ebookslibrary.club/7-Ways-With--Canned-Tuna-Recipes-MyRecipes.pdf

#### **Canned Tuna Recipes Martha Stewart**

Tuna, grape tomatoes, Kalamata olives, arugula, and roasted red potatoes dressed in lemon vinaigrette make for a satisfying main-dish salad. Choose tuna packed in olive oil for the best flavor in this salad.

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#### 5 healthy canned tuna recipes besthealthmag ca

Expand your tuna repertoire with these healthy recipes made from canned tuna

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# 10 Best Healthy Tuna Sandwich Recipes Yummly

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# **Canned Tuna Recipes Allrecipes com**

A bit of parsley, a smidgen of garlic powder, a splash of lemon juice, and of course, tuna, celery, onion, and mayonnaise. This is a great tuna salad that works for a sandwich, stuffed into a plump tomato, or spooned onto fresh salad greens.

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# **Tuna recipes BBC Good Food**

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## Healthy Tuna Recipes for Salads Pastas Sandwiches and

Try this recipe: Tuna "Poke" Burger Lettuce Wraps. The new year may start off cold, but you can still rustle up a little taste of summer in the kitchen

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